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#### My American Life

Ruri AKITA (Japan) Student in the Integrated

'm special, because I'm an exchange student. I'm Japanese. I can't speak English well, but I am special.' I was kind of thinking this when I left Japan.

On August 27th, 2008, I noticed that I was on an airplane alone. I didn't know anyone around me. There were a lot of Japanese on 

y host family lives in Marysville. It takes 2 hours by car from that plane. After about 10 hours I was in San Francisco airport, and I couldn't see any Japanese persons anymore. I just saw Americans speaking English. I saw the clock and it said 9:35. My next plane to Seattle was at 10:20. I didn't have enough time to do everything, and San Francisco airport was very big. I almost got lost. I missed the plane, and I didn't know what I should do.

hen someone talked to me. It was a guy who looked about 25 years old, and he took me to the gate. I had to call my coordinator, because she was waiting to pick me up. I didn't have a phone, though, and I couldn't find a public phone near my gate.



saw an old man who was talking on the phone. I was thinking I would ask him when he finished taking on the phone. He finished, but my body didn't work. My hands and my legs were shaking and my mouth was closed. In my mind I could do everything I wanted, but my body would not respond. After about 20 minutes, my hands and my legs stopped shaking. "Can I use your cell phone?" I asked. It was from my mouth. Yes. I did it. The kind man lent me his phone, and I called my coordinator, but she didn't answer the phone. I was shocked. Then it was time to go. I just got on the next plane and went to Seattle. My new life in America started on that day. It was still August 27th.

Seattle. On the way to Marysville with my coordinator, she talked to me about a lot of things, but I just remember that I said, "America is greener than Japan". I was very tired.

met my host mother and sisters at a soccer field, because my host sister had a soccer game. After my host sister's soccer game, I rode in a car to our house and my Mom called out to me, but I don't remember a single word that she said. I met my host Dad at home. He was cooking spaghetti, and I thought, "What a kind man! He is doing house work."

September 1st was my first day at school. My school is Marysville Pilchuck High School, which is very big. There are about 2500 students, and of course the buildings are very big, and I needed a map to walk in the school. I'm in the 10th grade, which is called "sophomore year" here in America, and my school has separate, small learning communities since last year. There are various communities: ISC, BioMed, TTA, Pathways, and SFE. I'm in the School for Entrepreneurs (SFE). It's kind of like a business school.

We have 6 periods during a day, and in the 1st semester I took many interesting classes: fitness walking, Japanese class (I was the TA), Studio Art, World Geography, College Algebra, and Language Arts 2. I was surprised that Math is so easy in America. I was in a lower math class, but I talked to a counselor and moved up to College Algebra. The class was kind of hard to do, but it was 2nd semester I had Swimming, Japanese class (again, TA), Introduction to Business, Health, College Algebra and



Language Arts 2. I liked 2nd semester better than the 1st semester. I think that's because I could speak to my friends in English more than in the 1st semester

When I came to America, I couldn't speak English very well, so I thought everyone would help me, but I was wrong. Some students were very kind, but most of the students didn't care if I could speak English or not. If I didn't speak English, nobody would talk

n order to make more friends. I decided to join the basketball tryouts. At first, I didn't know what "tryouts" meant, because there are no tryouts in Japan. Anyone can join a club if she wants to. But in America, there are three days of tryouts for all kinds of sports. I met two other exchange students in basketball tryouts, but they quit. I tried to do my best. I thought I couldn't make the team because everyone was so good, but I made the sophomore team. I felt that my basketball skills were getting better every day. The season was only three months long, but it was a great

Softball tryouts were in March. I enjoyed playing softball, and I made the team. There were 20 students on my team. It was a very big team, but everyone was very friendly. We trained with different partners every day. I liked the softball team more than the basketball team. I made a lot of friends through both sports, and I thought it doesn't matter if I'm Japanese and if I can't speak English extremely well. In sports, everyone is equal.

My American life will be over soon. I can't believe it. "Study abroad!", I want to tell all of my classmates at Nagoya International. That was my dream before I came, and it is my dream still. I am living a rich life.



### My Travels in Belize and Sri Lanka

Megan GREEN(UK)



▲My sister and one of the stunning beaches

went to Belize in Central America for three months after finishing college (high school) and before I went to university. In England it is common to either work or travel on a "gap year" before going to university. I took part in a volunteer program. I worked for the first five months of my gap year to raise money for my trip. There were about 100 people on the program, including people from Belize, England, Australia and America. I took part in three different projects - building a school, building a hurricane warning system and taking part in an adventure program.

n Belize we slept in hammocks and washed using hand pumps not showers. The Belize climate is hot and a little humid but as it is near the sea there is often a cool breeze. I met many local people who were so friendly and hospitable. They often invited us to their houses for dinner. Their diet consists mainly of refried beans, rice and chicken (which they raise and kill themselves). Although English is the official language of Belize

the English is a creole -a mix of English and African languages. Also, many people speak Spanish at home. It was difficult to communicate but a smile goes a long way.

elize was my first time abroad without my family and I was 8. I was really nervous and at times I felt really homesick. However, I met so many amazing people - some of whom I am still friends with now - and had such great experiences that I will never forget. I also learnt about the culture of Belize and England. Afterwards I was more confident and I traveled with friends around Honduras, Guatemala and Mexico for three months when the volunteer project had finished.

 $oldsymbol{\mathsf{A}}$ fter Belize I really had the "travel bug" and I couldn't wait to take my next trip. Since then I have had so many truly amazing travel experiences. My sister is also crazy about traveling so we often take trips together if possible. In March 2009, we went to Sri Lanka for two weeks. Sri Lanka is such a diverse country. In two weeks we did so much. We started in the capital, Colombo. Colombo is under tight army security because of the fighting between the Tamil Tigers in the north and the government. It wasn't uncommon to see machine

Due to the fighting many people do not want to travel to Sri Lanka, which is such a shame because the people are so friendly, the scenery is so beautiful and the culture is so







interesting. Sri Lankan people really like Japanese people and I met a few Japanese people traveling around Sri Lanka. Japan introduced a lot of technology to Sri Lanka so they have a

My sister and I visited Sigiriya and climbed the famous rock. saw ancient ruins from the 10th century in Polonnaruwa and went to many beautiful beaches.

The food was amazing. I love spicy food and we ate so many delicious curries. Also, Sri Lanka is famous for producing tea and I drink at least three cups a day so I was really happy to be able to get tea wherever I went. Usually when I travel, milk tea is one of the things I miss the most! One of the highlights of the trip was watching dancers from Kandy. They were very expressive and the costumes were gorgeous.

Some people speak English in Sri Lanka because like Belize, it is an ex-British colony. However, many people don't speak English and so we communicated using gestures and pictures and we often gave tips to show our appreciation - tipping is a big part of Sri Lankan culture.

The trip to Sri Lanka was an unforgettable experience and I would love to go back one day to visit some of the places I didn't get a chance to see on this trip.

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## テクノロジーは国際社会に必要か]

新的なテクノロジーが世に出るたびに、大げ 棒だろう(映画「2001年宇宙の旅」の冒頭を思い起こ われはテクノロジーを使用する覚悟があるということ はないかと恐れ始める者もいる。テクノロジーが諸 いことになるのかもしれない。

リシャ語から成り立っている。芸術や方法を意味す る「Techne」と、言語や知識を意味する「Logos」 である。つまり、テクノロジーとは、人間が何かをよ う意味の語である。広い意味でこの語に値する事柄 を探せば、人間が初めて使用したテクノロジーは棍

言える議論が沸き上がる。これで世界 してほしい)。猿人や原人が手にした木や骨がその起源 だ。テクノロジーは、増え続ける世界の人口に食料と住 が平和になると主張する者がいれば、一方で、それとされており、加工や強化が行われて発展し、柄頭を備居と仕事を配分することを可能にしている。また、温暖 がわれわれの社会的関係を破壊し、堕落に導くのでえたメイスなどが生まれたという。その後、何千年もの化などの環境問題に取り組む際には、目標値を達成す 時間をかけて発展したテクノロジーは、今や地球外の惑るための努力を惜しまない。将来にわたってテクノロ 刃の剣であり、人間がテクノロジーの恩恵を享受し 星探索まで可能にしている。しかしながら、われわれは ジーは国際社会の忠実な公僕として働くだろう。 ているがゆえに、破滅への下降線を辿っているとす。テクノロジーの発展がもたらした戦争や公害などを目の れば、両者の論点は時間の隔たりがあるにせよ正し 当たりにして、テクノロジーがただちに理想郷を実現さ さらに、国際社会が自然界の1つの仕組みであるとも考 テクノロジー (Technology) という単語は2つのギ とで世界はより良い場所になるとどこかで期待してい 要なのだろうか。

り良く行う方法を知識などによって具現化するといわれわれの生きている国際社会は、人口問題、食料問 題、環境問題など、途方もない課題にすでに疲弊してい る。確かなことは、これらの難題に立ち向かう時、われ

せるとはもはや信じていない。それなのにテクノロジーえてみよう。国際社会に壊滅的な被害を与えるエネル をさらに発展させ、さらなるイノベーションを起こすこ
ギッシュな自然界はわれわれの脅威である。本性をなか なか見せない自然界を深層心理で恐れているとすれば る。何故なのだろう。そもそもテクノロジーの発展は必 厄介だ。よそよそしい自然界との協調を表舞台で謳いな がら、自然界を自由にコントロールできる世界に作り変 えようとわれわれが無意識に行動しているとすれば、も はやテクノロジーを手放す勇気などないだろう。だから こそ、テクノロジーの発展を夢みることで、われわれ人 間はようやく安眠できるのかもしれない。♪